



SECTION 1. School’s Philosophy, Vision, Mission and Aims

I. Introduction

The Philippine Global School (TPGS) is firmly dedicated to fostering inclusive education throughout all grade levels. This commitment extends to every student admitted to the school, encompassing those learners with additional learning needs as well as those identified as able, gifted, or talented. This comprehensive provision addresses teaching, learning, achievements, attitudes, and the well-being of all pupils.

Our primary goal is to gain a deep understanding of each individual, facilitating their journey to reach their maximum potential. This is achieved through a personalized approach to curriculum opportunities and the implementation of individualized and enrichment programs as needed. Our objective is to nurture well-rounded individuals, equipping them with the skills and competencies essential for their future life roles.

Working towards the ADEK Inclusion Policy 2025 which can be found in our Transition Plan.

II. School’s Educational Philosophy, Vision and Mission Statement, and Core Values **Educational Philosophy**

The Philippine Global School is geared towards developing a holistic personality among learners, physically fit, emotionally stable, morally upright, intellectually capable, spiritually guided, scientifically empowered and culturally awakened in a global competitive society.

Our Vision-Mission Statement

The Philippine Global School is a God-centered learning institution. It is committed to the youth in all aspects of life, striving for excellence in academic, social, physical, and spiritual lives of its students, their families, the community and the world.

Vision

We envision to be the centre of academic excellence, train students to become good leaders who are globally competitive and build character that makes a difference; Equipping them to be competent for the future challenges and be of service to mankind.

Mission

Our mission is to provide an affordable quality education while developing and nurturing the whole child in a God-centered environment.

PURPOSE

Well-being policies for students in TPGS are essential for creating an environment that supports their psychological, emotional, social, intellectual and mental health.

The school is committed to aligning its efforts with the standards set by ADEK (Abu Dhabi Department of Education and Knowledge) regarding well-being policies.

GOALS & OBJECTIVES

It promotes holistic development, create a positive school environment, enhance academic performance and encourage healthy relationship.

It supports mental health initiatives, foster inclusivity and safety, implement well-being programs that boost engagement and develop peer support systems and community involvement.

1. WELL-BEING STRATEGY

1.1 The approach encompasses several key aspects:

- **Wellbeing Promotion:** The school is dedicated to fostering positive working relationship and creating a conducive environment for all. This involves promoting a culture of support and understanding in every aspect of the school operations.
- **Open Communication:** The school encourages open dialogue between employees, students, and management to support the student well-being and maintain open lines for any concerns regarding this matter.
- **Continuous Learning and Growth:** The school values the growth and development of both employees and students. It also acknowledges and appreciates the students' efforts to enhance their talents and creativity to acquire new skills, which ultimately contributing to improved well-being within their living environment.

1.2 Wellbeing policy will be reviewed annually to ensure its relevance and effectiveness regarding the health, safety and well-being of the students.

- Set goals and strategies to meet relevant targets.
- Administer survey to students.
- Provide actionable feedback in response to the survey results.
- Make updates as necessary to align with the evolving needs of the school community.

1.3 The needs and engagement of students with additional learning needs will take into account in the well-being policy and strategies.

2. AWARENESS of WELL-BEING STRATEGY and POLICIES

2.1 Awareness: the school promotes awareness of well-being policies through the following;

- A 5-minute mind break scheduled between classes, as indicated in the students' class schedule.
- An annual orientation for all the teachers, students, parents and new employees in line with the requirements set out in the ADEK school policies.
- Policies published on the school websites.
- Policies are included in the student/parent dairy.

- Displays on school walls and bulletin boards around the school.
- Social Media platforms used to share tips and resources for well-being and mindfulness.
- Announcements during morning assemblies.

3. MONITORING AND EVALUATION

3.1 Well-being survey: the school will conduct survey to assess the overall well-being of students and staff in various areas, including psychological, physical, social, intellectual, digital, and environmental well-being.

- To administer the well-being survey, the school will obtain parental consent.
- All digital platforms used to administer the survey will be supervised and monitored in line with the ADEK Digital Policy.

3.2 Survey Analysis: to analyse the results of the well-being survey and derive actionable insights for improving the school environment it comprises with the following.

1. Data Collection Overview

- **Response Rate:** Calculate the percentage of students, staff, and parents who completed the survey.
- **Demographics:** Analyze the demographic breakdown (e.g., grade levels, staff positions) of the respondents.

2. Quantitative Analysis

- **Descriptive Statistics:** Calculate mean, median, and mode for each question to understand overall trends.
- **Rating Distribution:** Create frequency distributions to visualize how responses are spread across the scale (1 to 5).

3. Key Areas of Analysis

- **Psychological Well-Being:** Identify average scores and trends in emotional satisfaction and stress management.
- **Physical Well-Being:** Assess engagement in physical activities and sleep patterns.
- **Social Well-Being:** Examine relationships and support networks within the school community.
- **Intellectual Well-Being:** Evaluate enthusiasm for learning and challenges faced by students.
- **Digital Well-Being:** Analyze the balance of technology use and awareness of online safety.
- **Environmental Well-Being:** Look into the safety and comfort levels in the school environment.

4. Qualitative Analysis

- **Open-Ended Responses:** Review comments for common themes and insights. Categorize feedback into strengths, weaknesses, and suggestions for improvement.

5. Comparison and Benchmarking

- **Year-on-Year Comparison:** If applicable, compare results with previous surveys to identify trends over time.

- **Benchmarking Against Standards:** Compare results with ADEK guidelines or other similar institutions to evaluate standing.

6. Actionable Insights

- **Strengths:** Identify areas where the school performs well (e.g., high scores in social well-being).
- **Areas for Improvement:** Highlight areas needing attention (e.g., low scores in physical well-being).
- **Recommendations:** Suggest specific actions based on the analysis, such as implementing new programs, increasing resources, or enhancing communication.

7. Presentation of Results

- **Visual Representation:** Use charts and graphs (e.g., bar charts, pie charts) to present findings clearly.
- **Summary Report:** Compile a comprehensive report summarizing key findings, insights, and recommendations.

8. Follow-Up Actions

- **Action Plan:** Develop a strategic action plan based on survey results, outlining steps to address areas for improvement.
- **Communication:** Share findings with the school community and stakeholders, along with planned actions.

3.3 Evaluation and Improvement:

- **Data Collection:** Collecting data on student well-being through surveys, assessments, and monitoring indicators such as attendance, academic performance, and disciplinary incidents.
- **Continuous Improvement:** Using data to evaluate the effectiveness of well-being initiatives and making adjustments as needed to better meet the needs of students.

3.4 STUDENTS WELL-BEING IMPLEMENTATION IN SCHOOL

1. Physical Health:

- **Nutrition:** Implementing healthy food options in canteen, promoting balanced diets, and limiting access to unhealthy snacks.
- All students are encouraged to bring a water bottle so they have access to water throughout the day.
- The school is aware of the possibility of food allergies within the school population. Therefore, at the beginning of every academic year, teachers, parents & students have an orientation session about classroom rules. This includes the prohibition of food deliveries, distribution of goody bags and celebration of birthday parties inside the classroom.
- To promote balanced diet throughout the school and provides an excellent opportunity to educate and empower students, the school celebrates Nutrition month every first quarter of the academic year, during the month of February. The activities during the "Nutrition Month" include wellness dance routines emphasizing the importance of a balanced diet and regular exercise, shawarma-making contest that showcase the nutritional benefits of vegetables and meat as a delicious and culturally appropriate option, and guidance on making healthy food choices that will eventually benefit the students throughout their lives.

2.Physical Activity: Ensuring students have opportunities for regular physical activity through PE classes, sports teams, and fruit breaks.

- The school ensure the importance of living a healthy lifestyle within our school community. Therefore, every morning if the weather is good and not too hot for the students' health, the Supreme Student Council and grade level students will lead the morning assembly starting with the Islamic Prayer, U.A.E. National Anthem, simultaneous hoisting of the UAE flag, Word of the day, Value of the Day, News of the day; School Competencies, **Fruit of the day**, School pledge, School Mission and Vision; TPGS School Hymn and School TRIVIA covering Pillars of Islam, Leaders of Emirates, National Identity Domains & sub domains, Seven Emirates and the **Morning Exercise**.
- Our co-curricular and club activities within the school are directly connected to academic classes. This includes student governance and leadership, music and drama, speech and debate, academic competitions, and field trips that support academic classes and allow students to experience the positive benefits of these activities.

3.Health Services: Providing access to school nurses or health clinics for routine check-ups, vaccinations, and addressing health concerns.

- Our school nurses along with the Wellbeing Ambassadors, collaborate in campaigns to raise awareness on a range of health-related topics such as; healthy eating habits, Green Apple Day, breast cancer awareness, no smoking.

Parents are advised not to send their son/daughter to school if their is **child is sick**, and to stay at home to rest and recover.

- **All students with fever are not allowed** to stay at the classroom; the school nurse will inform the parent/guardian. They will be sent home, to prevent the spread of infections.
- **A Medication consent form will be obtained from the parents upon admission** for those students who requires administration of prescribed medication during the school hours, medication must be brought to school by an adult and/or have a written note from his/her parent detailing the route, time, and dosage to be administered together with the prescription of the doctor.
- One of the school clinic policies is when student has **medical condition** and/or taking regular medication, **the school personnel should be informed regarding the condition of the student then, attach the medical certificate** and submit it to the school clinic.

4.Mental Health

- **Counseling Services:** Offering access to trained counselors or psychologists who can provide support for students dealing with stress, anxiety, depression, or other mental health issues.
- **Awareness Programs:** Implementing programs to raise awareness about mental health issues, reduce stigma, and teach coping strategies.
- **Peer Support Networks:** Establishing peer support groups or mentoring programs where students can seek advice and support from their peers.

5.Emotional well-being:

- **Emotional Education:** Incorporating emotional intelligence and resilience-building into the curriculum to help students understand and manage their emotions.
- **Conflict Resolution:** Teaching conflict resolution skills to help students navigate interpersonal conflicts and build positive relationships.
- **Safe Environment:** Creating a safe and inclusive school environment where students feel respected, valued, and supported by both peers and staff.

6.Safety and Security:

- **Bullying Prevention:** Implementing anti-bullying policies and procedures to prevent and address instances of bullying or harassment.
- **Emergency Preparedness:** Having protocols in place for handling emergencies such as natural disasters, medical emergencies, or security threats.
- **Fire drills** are occasionally conducted by the school. This is done in an orderly and systematic manner across all levels. This endeavor ensures that safety and smooth exit is observed whenever fire occurs within the school premises.
- **Student police volunteers** are assigned every morning and during dismissal time to help and monitor the safety and security of their fellow students.
- All guests and visitors are required to present **their emirates id and sign in the log book located in the security guard** at the front gate of the school, who will then issue a "Visitors' Pass".

7.Safe Transportation: Ensuring that transportation to and from school is safe, whether students walk, or take the school bus.

- All staff and personnel are assigned every morning outside the school gate to make sure students, parents & teachers are safe while crossing the road and upon entering the school compounds.
- Student transportation services to and from the school is available through the TPGS preferred service provider.

9.Family and Community Involvement:

- **Parental Involvement:** Encouraging parental involvement in school activities and providing resources for parents to support their child's well-being at home.
- The school work closely with parents to monitor their child progress and development by parent-teacher conferences, emails, school advisories, student diary and or SMS.
- The Parents & teachers council collaborates to organize parental seminar and workshops such as "PTC Talks' that address not only academic subjects' areas but also our students mental & emotional well-being.
- **Community Partnership:** Collaborating with community organizations and resources to provide additional support services for students and families.

10.Partnership with the different external providers

- Addressing these areas comprehensively, the school and the community can create an environment that promotes the overall well-being of the students and can sets for success academically, socially, and emotionally.